

2024 Annual Report

PATHWAYS TO A **BRIGHTER FUTURE**



2024 ANNUAL REPORT

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ON BEHALF OF CATHOLIC CHARITIES FORT WORTH

At Catholic Charities Fort Worth, we are faith-driven, client-led, and research-backed in our pursuit to relentlessly end poverty, one family at a time.

2024 was a phenomenal year of meaningful impact. With your support, we served 23,498 clients and provided more than 170,000 individualized, supportive services through our five unique, research informed long-term case management pathways. These pathways ensure that each client receives holistic, personalized support that meets their needs and honors their dignity.

What sets Catholic Charities Fort Worth apart is our commitment to evidence-based services. Our approach not only helps families break free from generational poverty. It reduces dependence on government assistance and increases long-term self-sufficiency. These outcomes don't just change individual lives, they impact generations.

While 2024 brought more victories than we can count, the most powerful evidence of our impact comes from the stories of those we serve. As you read through this Annual Report, you'll see our vision come to life. You'll witness the resilience of our clients, the dedication of our team, and the measurable difference our research-backed programs are making.

It's my pleasure to share the Perez family's out of poverty journey with you—a story that reflects the heart of our work. We are honored to walk alongside families like theirs, and grateful to do it with you by our side. Thank you for believing in our pursuit to relentlessly end poverty, one family at a time. As we look to 2025, your continued support ensures that innovation, research, and compassion remain at the core of all we do. The Perez family's success is a shared victory—one made possible through your partnership.

With profound gratitude,



Michael Iglio
President and CEO



RELENTLESSLY SERVING ACROSS **28 COUNTIES**



Pathways to a Brighter Future:

THE PEREZ FAMILY'S JOURNEY

At Catholic Charities Fort Worth, we relentlessly end poverty through holistic, research-based solutions. To address the complex, interconnected nature of poverty, we developed five Out of Poverty Pathways to help our clients leave poverty behind for good. We understand that poverty is complex and deeply personal, which is why our Out of Poverty Pathways address the unique challenges each family faces, providing tailored solutions to break the cycle of poverty.

The Perez family's journey illustrates the impact of our holistic approach. Their goals as a family were clear: ensuring their children's health and access to necessary medical care, securing stable housing by purchasing a home, and establishing a long-term career for Miguel to provide financial security. With the support of Catholic Charities Fort Worth, they are building a bigger, brighter future—one filled with stability, opportunity, and hope. Follow along as they work toward ending their poverty for good.



PLEASE SCAN THE QR CODE
TO WATCH THEIR FULL STORY



OUR FIVE OUT OF POVERTY PATHWAYS



Emotional
Resiliency



Financial
Resiliency



Resource
Stability



Education



Employment

The Emotional Resiliency Pathway: **STRENGTH IN THE FACE OF ADVERSITY**

Miguel and Bianca initially turned to Catholic Charities for counseling as the strain and financial burden of caring for their medically complex children took a toll on their relationship. Their two youngest children were diagnosed with Spinal Muscular Atrophy (SMA), a progressive disease affecting mobility and requiring ongoing medical treatment. They found a safe space at Catholic Charities to navigate their stress, fears, and hopes. Through therapy, Miguel and Bianca strengthened their communication, developed coping strategies and found renewed resilience in their journey as caregivers and partners.



EMOTIONAL RESILIENCY PATHWAY

Through our Emotional Resiliency Pathway, we help people navigate emotional trauma and stress to increase their ability to cope with adversity and plan for a better future. With 57.8 million U.S. adults facing mental health challenges—and less than half receiving the support they need—building emotional resilience is critical. Our program equips clients with coping skills, emotional regulation techniques, and decision-making strategies through evidence-based coaching, culturally adaptive support, and long-term case management, creating a lasting foundation for stability and self-sufficiency.

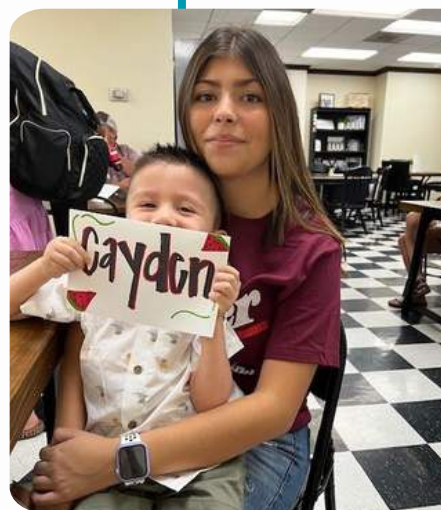
The Financial Resiliency Pathway:

BUILDING STRONG FINANCIAL FOUNDATIONS

When Catholic Charities Fort Worth (CCFW) learned about Miguel and Bianca Perez's growing medical debt, we transitioned them into LIFT, our financial management program designed to help families living paycheck-to-paycheck manage their money, pay off debt, and build a stable future for their families. Through personalized planning, financial coaching, and strategic support, LIFT empowers families on their pathways out of poverty.

Before working with CCFW, Miguel and Bianca had little savings and struggled to manage mounting medical expenses. With the help of their Navigator, they developed a sustainable budget, cut unnecessary expenses, and began building their savings. In September 2024, while their son Cayden was hospitalized, they struggled to manage the unexpected hospital bills along with their ongoing regular expenses. Through our research-backed use of strategic financial assistance, we helped them manage this challenge, allowing them to focus on their family's well-being.

The LIFT program is part of our broader commitment to providing holistic, evidence-based solutions for families facing financial hardship. To expand our reach, we are conducting a four-year Randomized Control Trial (RCT) to evaluate whether virtual case management is as effective as in-person services. This research will help determine if we can deliver the same life-changing outcomes virtually, allowing us to extend LIFT's impact to more families across our 28-county service area—and across the nation.



FINANCIAL RESILIENCY

PATHWAY

Through our Financial Resiliency Pathway, we help people navigate their finances to bolster savings, absorb shocks, and realize their long-term financial goals. The Perez family is not alone in their quest to build financial stability. With families nationwide spending 70 percent of their income on essentials and single mothers often spending over a third of their income on childcare, financial resiliency is essential. Our program provides personalized financial coaching, debt reduction strategies, and credit-building support, helping clients create a lasting foundation for financial stability and self-sufficiency.

The Resource Stability Pathway:

CREATING LONG-TERM STABILITY THROUGH RESOURCE CONNECTION

The Perez family faced numerous challenges that kept them trapped in poverty, from severe financial stress to the overwhelming burden of meeting basic needs like medical supplies and transportation for their children's frequent doctor's appointments. These struggles, compounded by the stress of managing everyday life, made it difficult for them to move forward. Through Catholic Charities Fort Worth's research-backed Resource Stability pathway, we provided them with the support they needed to overcome these obstacles.

This pathway includes comprehensive services that offer both immediate relief and long-term solutions. We also provide holistic support, meeting families where they are by offering wraparound services for urgent crises while providing personalized guidance in housing, financial stability, mental health, and long-term well-being. For the Perez family, this pathway allowed them to prioritize their children's health and focus on long-term stability, helping them break free from the cycle of poverty.

In 2024, CCFW distributed strategic financial assistance, helping 2,979 clients—families like the Perez's—access the resources necessary to focus on their children's health and well-being.



**RESOURCE
STABILITY**
PATHWAY

Through our Resource Stability Pathway, we help people navigate resources to meet basic needs and achieve stability. With nearly 40% of Texas workers earning under \$15 an hour and rent up 30% since pre-pandemic levels, essentials remain out of reach for many. Our Resource Stability Pathway connects families to housing, childcare, food assistance, and financial resources, stabilizing their finances and building a path to self-sufficiency.

The Education Pathway:

TURNING DREAMS INTO DEGREES

Now that Miguel and Bianca had their finances under control, it was time to address the next steps for their family. Miguel's dream of becoming a registered nurse, a goal that once felt unattainable, was now within reach. Catholic Charities' Education Pathway took a holistic approach, offering not just academic support, but also addressing non-academic barriers to success, such as financial strain and personal obstacles. Through ongoing guidance, resource connections, and strategic financial assistance for non-academic needs, Miguel was able to stay focused on his education despite the challenges he faced. Now in his second semester at Vernon College, Miguel is determined to build a secure future for his family, equipped with both the tools and the resilience to succeed.



EDUCATION PATHWAY

Through our Education Pathway, we help students navigate non-academic barriers to complete their educational goals and increase earnings. With only 13% of community college students graduating within two years due to financial strain, childcare, and other challenges, our program provides strategic financial assistance for non-academic barriers, along with personalized mentorship and holistic support. This empowers students to stay on track and graduate, creating a lasting foundation for stability and economic mobility.

The Employment Pathway:

A CAREER THAT MAKES A DIFFERENCE

Miguel's dream of becoming a registered nurse is more than a career goal—it's a path to long-term stability and a way to give back to others. With Catholic Charities' support, he is gaining the education and skills needed to secure a well-paying job in the medical field. We help people understand how to find a better-paying job and identify career paths that provide lasting financial security. We look forward to helping Miguel with resumes, interviews, soft skills, and more as we work together toward his brighter future.

At Catholic Charities Fort Worth, we customize solutions to meet the unique needs of individuals and families, helping them gain stability and achieve brighter futures free from poverty. Our goal is to empower families with the tools they need to succeed, so they never need to turn to us for help again. The Perez family's journey is a testament to our comprehensive, client-centered approach—ending poverty, one family at a time.



EMPLOYMENT PATHWAY

Through our Employment Pathway, we help people navigate and obtain employment opportunities to enhance career growth and earnings. Securing stable employment is a significant challenge for many, with 6.5 million Americans unemployed and a 3.9% unemployment rate in the DFW area as of December 2024. Stable employment is key to breaking the cycle of poverty. Programs on our Employment Pathway offer personalized, holistic support to address these challenges, empowering individuals to achieve long-term stability and self-sufficiency.

THANK YOU TO OUR SUPPORTERS

We are profoundly grateful to everyone supporting our fight against poverty. Your dedication and support help us to Relentlessly End Poverty, one family at a time. Together, we are building a world where everyone can thrive. Your help changes lives by bringing hope and empowerment to those in need. Thank you for standing beside us as we serve our neighbors in need together.



To view a list of our
2024 supporters,
scan the QR code.



*Catholic Charities is an
organization that changes lives,
and I am living proof of that.*

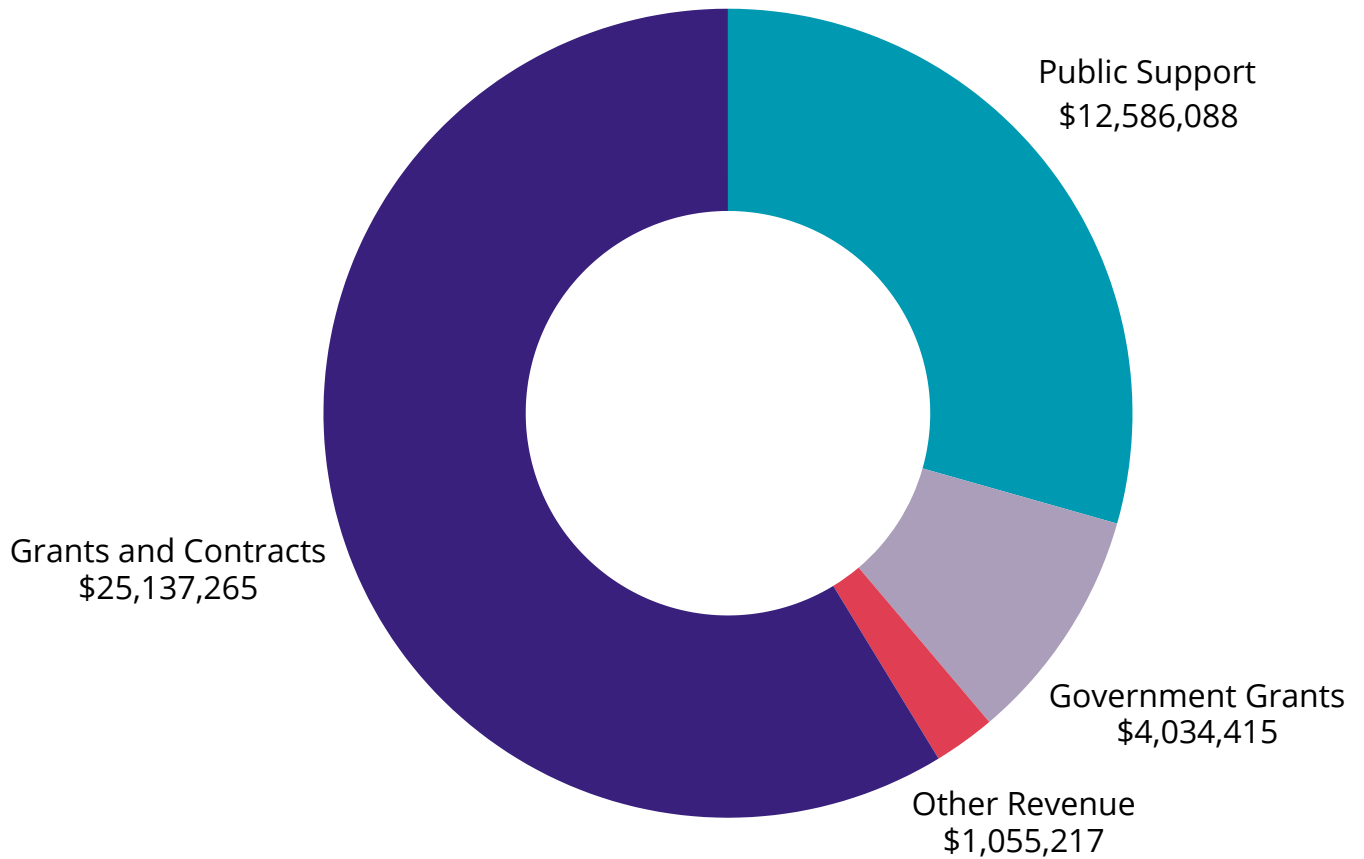
Victoria Resendiz



*I am forever grateful to Catholic
Charities for believing in me and
helping me to believe in myself.*

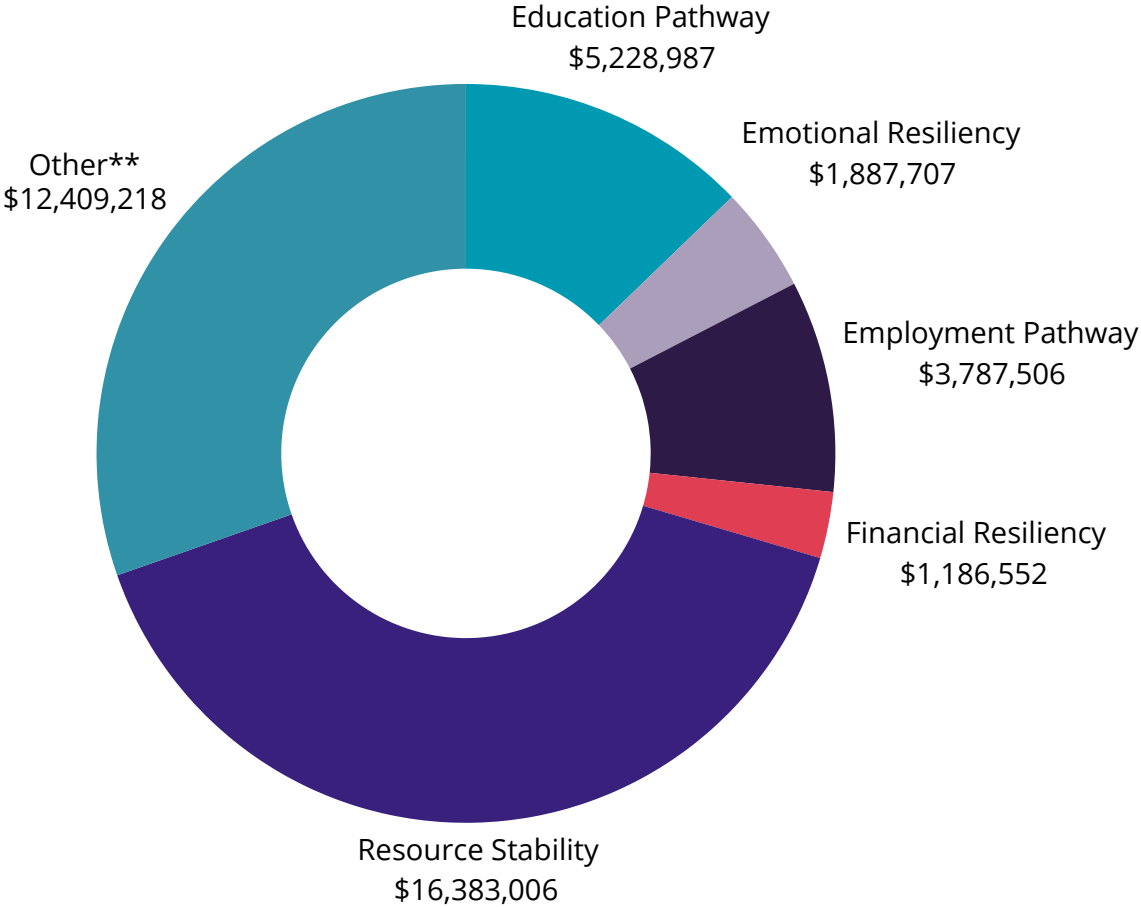
Mia Cardona

REVENUE



TOTAL REVENUE: \$42,812,985

EXPENSES



TOTAL EXPENSES: \$40,882,976

TXOR PASS-THROUGH FUNDING*

TXOR Pass-Through Revenue	352,818,312
TXOR Pass-Through Expense	352,818,312

***Total expenses excludes TXOR Pass-Through funding.** TXOR Pass-Through Revenue and TXOR Pass-Through Expenses refers to government funding that the Texas Office for Refugees distributes to refugee resettlement agencies across the state. We provide oversight and guidance to partner nonprofits who serve refugees.

****Other includes Supportive Programs, TXOR, Fundraising, and Management.**

LOOKING AHEAD TO 2025

We are excited to share the initiatives currently underway that will further our vision of relentlessly ending poverty, one family at a time, through lasting, research-backed solutions that continue to make a meaningful impact.



PADUA REPLICATION

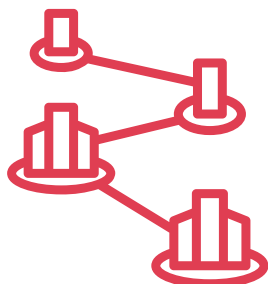
With its client-led approach and proven success, CCFW is replicating our highly successful Padua program, which offers long-term, personalized support to help individuals achieve lasting stability. Featuring low caseloads, highly skilled two-person case management teams, and flexible, client-driven support, Padua empowers clients to break the cycle of generational poverty and achieve self-sufficiency.

To ensure Padua truly works, we partnered with researchers to conduct a four-year Randomized Controlled Trial (RCT) — the gold standard of research studies, where participants are randomly placed in either a program group or a comparison group to measure real, unbiased results. Results from this RCT show that the program works, with participants 25% more likely to land full-time jobs, earning 46% higher wages, and 64% more likely to have stable housing, along with less credit card debt and better health.

We're excited to expand this proven, poverty-ending program across the nation, bringing its transformative impact to more communities.



With support from Notre Dame's Wilson Sheehan Lab for Economic Opportunities (LEO), we are launching a groundbreaking four-year Randomized Controlled Trial (RCT) to assess the effectiveness of delivering our long-term case management initiative, LIFT, virtually. LIFT empowers individuals to navigate financial challenges, eliminate debt, and build stable futures for their families. In the first quarter of 2025, we expanded LIFT to Tarrant, Parker, and Hunt counties, with plans to extend services to Denton and Wichita Falls. This study aims to provide valuable data with national implications, demonstrating whether virtual case management can effectively lift families out of poverty.



DENTON EXPANSION

Catholic Charities is expanding its poverty-ending services in Denton, one of the fastest-growing areas in our diocese. Building on the success of our education programs, we're launching additional services, including long-term case management, by Q2 2025 to empower more families toward self-sufficiency.

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Ending Poverty



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